

## Happy Thanksgiving!

Nature XXVII, Autumn

By Emily Dickinson

The morns are meeker than they were,  
The nuts are getting brown;  
The berry's cheek is plumper,  
The rose is out of town.  
The maple wears a gayer scarf,  
The field a scarlet gown.  
Lest I should be old-fashioned,  
I'll put a trinket on.

~In honor of Thanksgiving, many of our team members were pleased to share a reason, or reasons, why they are thankful. November's holiday is a wonderful occasion during which we stop and count our many blessings. We are thankful for the people we serve and the opportunity we have to serve you. Have a warm and wonderful month and holiday~

*I am thankful for the beautiful fall colors that surround us & my family that I love very much!* -Cara Mason, LPN

*For friends & family!* -Kristina Entenman, Case Manager

*For winter that is coming to freeze all of the pollen, and besides I love snow!* -Jill Bachman, Exec. Admin.

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*I am thankful for so much: my family first, and then the opportunity to provide compassion and comfort to many.*

-Sandy Teismann, Cooperative Hospice Program Manager

*For the privilege of working with the most awesome Staffing Coordinator on the planet, Sheri Jones (aka Superwoman).* -Patti Depper, Private Services Case Manager

*For family!* -Nicol Wright, Illinois Agency Manager

*For life!!!* -Sheri Jones, Case Manager

*For the opportunity Cooperative has provided me.* - Robert Spraul, Occupational Therapist.

*I just got married, so I am very thankful for my new family. I am also thankful for our St. Clair office and to work with Nancy, who is too awesome!* -Lori Posey, Case Manager

*I am thankful for my job with Cooperative that allows me to provide for my family.* -Jason Law, Compliance & Benefits Specialist

*For my family, especially the fact that I'll be a Grandma soon. Can't wait to meet my grand-daughter!* -Nancy Wideman, Administrative Manager

(Note from the Editor: *I am thankful to hear from so many of our employees. What a terrific team!* -KristyAnn Pfister, Project Manager)

### Brain Booster #1:

Q: What can travel around the world while staying in one corner?

### Brain Booster #2:

What gets wetter and wetter, the more it dries?

### What's In Season?

In November, look no further than the traditional Thanksgiving table: pumpkin, cranberries, apples, celery, squash and sweet potatoes! Yummy!

### Easy Thanksgiving Treats

#### For Grandkids & Guests:

Create an edible cornucopia by turning a sugar cone on its side and filling it with nuts and a few sweet treats like dark chocolate chips and candy corn.

A delicious turkey fruit plate is designed using a pear, sliced in half the long way, for the body then fanning seasonal red and green apples around it to make the feathers. Add a side of nut butter for dipping.

Make your classic oatmeal raisin cookies-but hold the raisins and use dried cranberries instead! OR fill cleaned and trimmed celery stalks with nut butter topped with dried cranberries.



### Take Our Thanksgiving Challenge!

In November, stop every morning to reflect on one thing you are thankful for that day. Keep a journal of your answers for when you are feeling blue. If you list a friend or family member, take a moment that day to drop them a card or give them a quick phone call, to let them know you appreciate them. Feeling especially motivated by this challenge? Mail a card a day, every day this month, to someone for whom you are thankful. You-and they-will be happier for it!

### November Birthdays

Robert Goulet 11-26-1933

Bruce Lee 11-27-1940

Ben Stein 11-25-1944

*Happy Birthday to You!*

#### Brain Booster #1 Answer:

Q: What can travel around the world while staying in one corner? **A Stamp!**

#### Brain Booster #2 Answer:

What gets wetter and wetter, the more it dries?

**A Towel!**