

The need is constant.
The gratification is instant.
Give blood.



Cooperative Home Care & Crestview Senior Living BLOOD DRIVE

8660 Grant Road, St. Louis, MO 63123

**Monday, June 5th
1:00 p.m. to 5:00 p.m.**

**Sign-up online at redcrossblood.org
Enter CRESTVIEW & click the red arrow**

Contact: KristyAnn Pfister
314-779-9900 or kpfinder@cooperativehomecare.com

redcrossblood.org | 1-800-RED CROSS

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Our 29th of 30 service projects celebrating our 30th year is a blood drive at Crestview Senior Living on Monday, June 5th. What a fabulous way to start your summer: help save a life. Did you know that *every 2 seconds*, someone in the U.S. needs blood, and that *more than 41,000* blood donations are needed in the U.S. every day? If you are eligible to donate blood, you can do so every 56 days. When is the last time you donated, and will you join me and my team at our drive? Go to redcrossblood.org and enter CRESTVIEW to sign-up today.

A handwritten signature in blue ink that reads "Mitch Waks".

Mitch Waks, CEO & Owner

More American Red Cross FAQs



DONATING: WHAT TO EXPECT

- A Cooperative Home Care volunteer will greet you with your free tee-shirt
- Sign-in and read some information
- Red Cross staff will check your BP, iron level, pulse and temp, and ask you to answer some health questions
- Sit back and relax while a staff member cleans your arm and begins the donation process (it only takes about 8 to 10 minutes)
- Enjoy juice, cookies, and the difference you've made!



TO BE ELIGIBLE TO DONATE

- Be healthy and feel well on donation day
- Be at least 17 years old
- Bring a donor card or other photo ID
- Weight at least 110 pounds (additional weight requirements for donors who are 18 or younger and all high school donors)

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